

FORTE'S AMERICAN KARATE

1011 MEADOWLANDS DRIVE WHITE BEAR LAKE, MN 55127

EFFECTIVE : JANUARY 2, 2024

651-653-5725

KIDS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE	5:30			6:00		11:00
GOLD		4:30	5:30	6:30		10:30
GREEN		5:00	6:00		5:00	10:30
PURPLE		5:30	6:30	5:00		11:30
BLUE	6:30		5:00	5:30	5:30	
RED	6:00		5:00	5:30	6:00	
SPARRING		6:00			6:30	

ALL BROWN BELTS	7:00		7:45		4:15	9:15
ALL BLACK BELTS	7:45		7:00		4:15	9:15
SUPERKIDS	5:00			4:30		10:00
BLACK BELT CLUB	4:15		4:15			
COMPETITION PRACTICE				7:00		
PRIVATE LESSONS		3:15		3:15		
		3:45		3:45		

ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WHITE	8:30			7:45		12:00
GOLD		6:45	8:30		7:15	8:30
GREEN		6:45	8:30		7:15	8:30
PURPLE		6:45	8:30		7:15	8:30
BLUE		7:30		8:15	4:15	9:15
RED		7:30		8:15	4:15	9:15
SPARRING		8:15			8:00	

PRIVATE LESSONS ARE BY APPOINTMENT ONLY - ASK MASTER HALLBERG FOR AVAILABILITY

WWW.FORTESAMERICAN KARATE.COM

FORTESKARATE@ROCKETMAIL.COM